

Promise to fulfill commitment to conclusion  
Project: The Regenerative Life project.

Knowing that Carol Sanford in giving me access to the project, I agree too submit my stories as agreed on the template, in a timely way to completely the following engagement and delivery for her new Work, I promise to do my part in the following involvement:

1. Watch each of two pre-recorded online workshops for my selected role, where I receive proprietary information on the Essence of the role in society and my way to carry it out more effectively, or to review the recording in a timely matter.
2. Provide my Personal reflections on the process designed for participants. Engage in the exercises and report the outcomes I are experiencing, to Carol via email or in four weeks from gaining access, to the recordings presented by Carol.
3. Work to apply the proprietary frameworks and processes to my life for at least 2 weeks after the call, to spend time in reflection and discovery, and plan to share my observations.
4. I will record my story as prepared via the Story Telling Guidelines which I receive; using it, I will outline and record my stories in written form.
5. There is no charge to me for being involved and gaining access to the proprietary webinars and associated offerings. I agree not to share the slides and recordings of the proprietary materials and recordings but may use the concepts ongoing in my own role and life. I will retain access to my own materials, interviews, transcripts from the project, but not that of others involved for up to one year. They will not become public without my permission.
6. I agree to buy 2-5 copies of The Regenerative Life (<https://carolsanford.com/the-regenerative-life/>) for my use on the project as well as to share.
7. I may be asked to do follow up interview(s) to clarify and extend my story to which I will agree to the best of my ability, based on the timeline. These may also be converted into podcast stories for The Regenerative Life Podcast project.

This signature is my promise, short of life altering events, to joyfully fulfill this obligation to its conclusion.

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Name

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Date